

花蓮縣宜昌國中第二學期第四次說故事志工活動

Fish for Little Emma

Molly comes to visit Luke and Little Emma. Today is Little Emma's birthday. Luke opens the door but he looks worried, so Molly asks, "What's the matter?" "Little Emma caught a cold last night and she was sick and weak." "Fish is very good food for Little Emma. But she doesn't like to eat fish," answers Luke. "Look at those delicious fish dishes on the table!" Little Emma refused to take even a single bite of them," says Luke. "Where is Little Emma now?" asks Molly. "She's in her bed," answers Luke. Molly comforts Luke and says, "Don't worry! I have a good idea." Molly goes to the kitchen and starts cooking. She makes dish after dish. The dining table is covered with different food. There is pumpkin cheesecake, smoked chicken salad, ham sandwiches and potato soup. Little Emma smells the yummy food and walks into the kitchen. "Look at these dishes, they are all for your birthday! Come and eat some, my dear!" says Molly. "Thank you, Molly. They smell so great!" says Little Emma weakly. "After the meal, I have a gift for you," says Molly. Little Emma eats a lot. Soon, she starts to feel better and stronger. "Can I have my birthday gift now, Molly?" asks Little Emma excitedly. Molly gives Little Emma a hug and says, "You have it already." "Being Healthy is the best gift for you." "I know you don't like to eat fish, but fish is a very good and healthy food for you." "I mashed up some fish and put them into every dish I cooked today," Molly says with a smile. "I'm sorry," says Little Emma. "I will eat more fish from now on." "What a lovely little kitten you are!" say Molly and Luke, and they give Little Emma a big hug. Good food keeps us healthy even though it may not always taste yummy.

不愛吃魚的小艾瑪

莫莉來探訪路克和小艾瑪。今天是小艾瑪的生日。路克來開門，但是他看起來一臉憂愁，因此莫莉說：「怎麼了嗎？」「昨晚小艾瑪感冒了而且她現在又病又虛弱。」「魚肉對小艾瑪是非常好的食物。但是她就是不吃魚，」路克說道。「看看桌上那些美味的魚肉料理！」小艾瑪拒絕連吃一口都不肯，」路克說道。「小艾瑪現在在哪裡？」莫莉問說。「她躺在她的床上，」路克回答說道。莫莉安慰路克並說：「別擔心！我有個好主意。」莫莉走進了廚房並開始烹煮。她做了一道又一道的料理。餐桌上擺滿了各式各樣不同的食物。有南瓜起司蛋糕、煙燻雞肉沙拉、火腿三明治和馬鈴薯濃湯。小艾瑪聞到了美味的食物並走進了廚房。「看看這些料理，它們都是為了慶祝妳的生日！來吃一點，親愛的！」莫莉說道。「謝謝妳，莫莉。他們聞起來好香喔！」小艾瑪虛弱地說道。「吃完飯後，我有一個禮物要給妳，」莫莉又說。小艾瑪吃了很多。很快地，她開始覺得好多了並且強壯了許多。「現在可以要我的生日禮物了嗎，莫莉？」小艾瑪興奮地問道。莫莉給小艾瑪一個擁抱並說：「妳已經拿到她了。」「健康就是妳最好的禮物。」「我知道妳不喜歡吃魚，但是魚肉對妳而言是非常好又健康的食物。」「我搗碎了一些魚肉並將它們放進我今天所烹煮的每一道料理中。」莫莉帶著微笑說道。「我很抱歉，」小艾瑪說道。「從現在開始我會多吃些魚肉了。」「妳真是一隻可愛的小貓咪！」莫莉和路克說道並給小艾瑪一個大大的擁抱。好的食物會讓我們保持健康雖然它嚐起來不一定很美味。

Fish for Little Emma 學習單

Q1: What problem did Little Emma have?

Little Emma 有什麼樣的問題？

Q2: When you are sick, will you refuse to eat something healthy? Why?

當你生病的時候，你會拒絕吃健康的食物嗎？為什麼？

Q3: Talk about any food you like or dislike. Why do you like or dislike it?.

談談有關任何你喜歡或不喜歡的食物並說明你的理由。

